



Remedy East 2026

March 6-7, 2026
Lynchburg, Virginia

**TO OBTAIN YOUR CE CERTIFICATE – YOU MUST COMPLETE THE ONLINE EVALUATION
AT THE CONCLUSION OF YOUR PARTICIPATION:**

<https://www.surveymonkey.com/r/remedyeast>

Use the above link to access the survey. If you have any problems opening this survey or completing it, please contact your Course Director or e-mail the Department of Continuing Education Office – ce@cmda.org



Accreditation

Christian Medical & Dental Associations is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Christian Medical & Dental Associations designates this live activity for a maximum of 3.0 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Physician Assistant

AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credits™*, by an organization accredited by the ACCME or a recognized state medical society.

Physician assistants may receive up to 3.0 credits for completing this activity.

Nurse Practitioner

The American Academy of Nurse Practitioners Certification Program (AANPCP) accepts *AMA PRA Category 1 Credits™* from organizations accredited by the ACCME. Individuals are responsible for checking with the AANPCP for further guidelines.

Nurse practitioners may receive up to 3.0 credits for completing this activity.

Objectives:

- *Describe the framework of self-stewardship and its relevance to healthcare professionals and patients.*
- *Identify eight domains of wellness that contribute to resilience and sustainable healthcare service.*
- *Apply practical, strategies to enhance personal well-being and prevent practitioner burnout.*
- *Describe principles of wise decision making for an international healthcare career.*
- *Identify the major professional decisions for an international healthcare career.*
- *Identify the major personal decisions of international healthcare careers.*
- *Identify at least two paths to healthcare service in low and middle income underserved areas.*
- *Determine characteristics of physicians likely to adapt well to international service.*
- *List essential preparation required before an international service experience.*
- *Discuss at least two approaches to the problem of staffing and professional development in underserved international hospitals.*
- *Examine the benefits and challenges associated with common solutions to these underserved international hospitals.*
- *Describe current trends in screen time and technology use across various demographics.*
- *Analyze the effects of problematic technology use on physical, social, mental, and emotional well-being.*
- *Integrate evidence-based interventions and treatment strategies into their professional work to promote healthier digital*

engagement and responsible technology use.

- Describe ocular conditions seen primarily in developing countries.
- List common pathological conditions of the eyelids and describe their treatment.
- Explain the evaluation and treatment of a patient with a corneal abrasion or ulcer.
- Describe the differential diagnosis and treatment of “red eye.”
- Identify neurologic causes of pupillary and ocular motility abnormalities.
- Review some of the landscape of spiritual and care of patients in the context of holistic health care for individuals and communities.
- Define healthcare service.
- Explain how a framework of partnership in health care impacts the definition and considerations of health care.
- Analyze barriers, resources, opportunities, and goals of health care in different contexts.
- Describe the historical development of current treatment protocols for individuals with gender dysphoria.
- Identify questions of medical ethics arising from current treatment protocols for individuals with gender dysphoria.
- Describe the current landscape and global changes regarding medical care for transgendered minors.
- Identify three contributing factors for challenging patient situations.
- Recognize warning signs in patients.
- Describe three de-escalation techniques to address conflict.
- Apply the PAUSE method to case scenarios

Activity Director

Scott Dooley, MD

Director / CAHM
Bristol, TN

Planning Committee

Timothy Leonard, MD, PhD

Professor / Liberty University
Lynchburg, VA

John Pierce, MD

Vice President, Missions and Medical Education / CMDA
Bristol, TN

Faculty

Jeffrey Boatner

Faculty / Liberty University
Lynchburg, VA

Timothy Leonard, MD, PhD

Professor / Liberty University
Lynchburg, VA

Nicholas Comminellis, MD

President / INMED
Kansas City, MO

Linda Mintle, PhD

Faculty / Liberty University
Lynchburg, VA

Dena Ferguson

Faculty / Liberty University
Lynchburg, VA

Folashade Odedina, DNP, FNP-C, PMHNP-BC

Faculty / Liberty University
Lynchburg, VA

Brad Imhoff, PhD, LPC

Faculty / Liberty University
Lynchburg, VA

Sherri Walker, PhD, PMHNP-BC

Faculty / Liberty University
Lynchburg, VA

David Klink, DO

Clinical Professor / Baptist Health Science
University College of Osteopathic Medicine
Memphis, TN

Agenda

TIME	TOPIC TITLE	FACULTY NAME	NUMBER OF CREDITS
Friday, March 6, 2026			
7:00 pm - 7:45 pm	Using the PAUSE Method to Navigate Challenging Patient Conversations	Folashade Odedina, DNP, FNP-C, PMHNP-BC	0.75
		Sherri Walker, PhD, PMHNP-BC	
	Spiritual and Holistic Health for Patient Care	Tim Leonard, MD	
Saturday, March 7, 2026			
9:30 am - 10:15 am	Gender Dysphoria Treatment in Transition: Historical and Global Perspectives	Linda Mintle, PhD	0.75
	From a Dream to a Long Term Team: Paths to Long Term International Healthcare Practice	Dena Ferguson	
	Common Conditions and Emergencies in Ophthalmology	David Klink, DO	
10:15 am - 11:00 am	Break		
11:00 am - 11:45 am	Preparing Your International Healthcare Career	Nicholas Comninellis, MD	0.75
11:45 am - 2:00 pm	Break		
2:00 pm - 2:45 pm	When Values Crash: Discussions, Storytelling and Lessons Learned from Cross Cultural Healthcare Experiences	Dena Ferguson	0.75
	Disconnected: Trends in Technology Use and the Rise of Digital Addiction	Brad Imhoff, PhD, LPC	
	Stewardship of Self	Jeffery Boatner, PhD	
		TOTAL	3.00

Disclosures

Disclosures for all those in control of the content of this activity. The names of the ineligible companies (within the last 24 months) and the nature of the financial relationship(s). There is no minimum financial threshold. Disclosure of all financial relationships with ineligible companies regardless of the potential relevance of each relationship to the education.

Activity Planners, Faculty and CMDA CE Review Committee

No relevant financial relationships were identified for any individuals with the ability to control the content of this activity.

ALL RELEVANT FINANCIAL RELATIONSHIPS WERE MITIGATED.

CMDA reserves the right to cancel credit at any time during the promotion or after an activity has been presented.